



Week 2: Time and a Half

You have undoubtedly heard it said that time flies. Unfortunately, there are no “do-overs” when it comes to time. The past is in the past. The good news? At the time this message was delivered on July 21, there were still 162 days left in 2019! While you can’t change the past, you can use your remaining time to make a difference in your life and the lives of those around you.

None of us is promised another day, so leverage the time you have with purpose.

Discussion Questions

1. Think about the first half of 2019. Identify and share the top three areas where you spent a majority of your time.
2. Are you pleased with what you have accomplished to this point in 2019? Why or why not?
3. Read Ephesians 5:15–16.
 - Who is the wisest person you know? What do you notice about the way they spend their time?
 - Paul encourages his readers to “make the most of every opportunity.” When you read this, what opportunities in your life are you currently missing or have you missed in the past?
 - What changes could you make to ensure that you make the most of future opportunities?
4. Read Psalm 90:12.
 - Like Paul, the author of this psalm emphasizes the importance of living a life of wisdom. What do you think the author meant by “number your days”?
 - How could “numbering your days” change the way you value and/or spend your time?
5. What are some changes you would like to make to ensure that you are making the best use of your time?

Moving Forward

The most important thing you can do today is to begin a relationship with Jesus. Paul wrote, “Whoever calls on the name of the Lord will be saved.” If you haven’t already, consider taking that step toward Jesus today! The first half of 2019 may be in the books, but there is still time to implement some daily practices to make the best use of the second half.

- Think of a typical day for you. What are some things you could do on a daily basis (beginning from the time you wake up) to make the best use of your time?
- What is one potential “time waster” that you could eliminate this week and what could you replace it with that would be a wiser use of your time? What do you imagine your life would look like if that change became a regular habit (e.g., reading over Netflix)?